

Place	Name	Club	Time
1	Emma Prideaux	Billericay Striders	32:51:00
2	Laura Brooks	Tri Sport Epping	33:34:00
3	Hayley Hawes	East Essex Tri Club	34:00:00
4	Andrea Hughes	Leigh-on-Sea Striders	35:30:00
5	Sara Penington	Leigh-on-Sea Striders	35:46:00
6	Debbie Appleton	East Essex Tri Club	35:47:00
7	Janice Brown	East Essex Tri Club	35:59:00
8	Sam Pickett	Rochford Running Club	36:01:00
9	Lorna Almond	Billericay Striders	36:07:00
10	Steph Simson	Leigh-on-Sea Striders	36:24:00
11	Hayley Pegg	Thrift Green Trotters	37:16:00
12	Jacqui Watson	Benfleet RC	37:39:00
13	Sara Beedell	Thrift Green Trotters	37:43:00
14	Catherine Stunt	Benfleet RC	37:51:00
15	Vicky Cooper	Barking Road Runners	38:27:00
16	Caroline Tuck	Dagenham 88 Runners	38:34:00
17	Jo Sullivan	East Essex Tri Club	38:51:00
18	Nikki Leigh	Benfleet RC	39:05:00
19	Jayne Stacey	Benfleet RC	39:25:00
20	Emily Kampf	Tri Sport Epping	39:35:00
21	Vanessa Bradford	Leigh-on-Sea Striders	40:30:00
22	Helen Kidgell	Leigh-on-Sea Striders	40:49:00
23	Sarah Grabooski	Benfleet RC	40:51:00
24	Sally Baker	Tri Sport Epping	40:55:00
25	Ruth Havis	Billericay Striders	41:10:00
26	Louise Rawlinson	Tri Sport Epping	41:20:00
27	Fiona Walker	Leigh-on-Sea Striders	41:23:00
28	Marijke Van Eetvelde	Thrift Green Trotters	42:00:00
29	Chris Deacon	Billericay Striders	42:04:00
30	Jenny Harley	East Essex Tri Club	42:08:00
31	Anne Hoeb	Castle Point Joggers	42:13:00
32	Lian Simmonds	Rochford Running Club	42:27:00
33	Nina Barrett	Thrift Green Trotters	43:12:00
34	Rahann Islam	Dagenham 88 Runners	43:13:00
35	Jo Ling	Billericay Striders	43:30:00
36	Jemma Lee	Leigh-on-Sea Striders	43:42:00
37	Clare Warley	Billericay Striders	43:47:00
38	Deborah Mangham	Leigh-on-Sea Striders	43:54:00
39	Jenni Tomblin	Tri Sport Epping	43:59:00
40	Joanne Colby	Rochford Running Club	44:04:00
41	Debi Mitchell	Leigh-on-Sea Striders	44:08:00
42	Sue Mayes	East Essex Tri Club	44:11:00
43	Lauren Parker	Castle Point Joggers	44:26:00
44	Christina Edwards	Castle Point Joggers	44:32:00
45	Wendy Read	Tri Sport Epping	44:57:00
46	Roxanne George	Leigh-on-Sea Striders	45:03:00
47	Ele Carmichael	Leigh-on-Sea Striders	45:10:00
48	Kelly McClenaghan	Benfleet RC	45:23:00
49	Tina Reeve	Leigh-on-Sea Striders	45:24:00

50 Tracey Bradley	Castle Point Joggers	45:29:00
51 Emma Dudman	Dagenham 88 Runners	45:32:00
52 Sue Fuller	Benfleet RC	45:40:00
53 Mandy Cooper	Benfleet RC	45:44:00
54 Sarah Norton	Benfleet RC	45:57:00
55 Zena Shean	East Essex Tri Club	46:04:00
56 Jo Thomas	Rochford Running Club	46:09:00
57 Hannah Kane	East Essex Tri Club	46:44:00
58 Sue Keiller	Billericay Striders	46:50:00
59 Cristina Cooper	Barking Road Runners	47:03:00
60 Liane Connors	Benfleet RC	47:16:00
61 Debbie Dunn	Castle Point Joggers	47:19:00
62 Catherine Hughes	Benfleet RC	47:49:00
63 Jo-Ann Hall	Leigh-on-Sea Striders	48:03:00
64 Angie Coster	Thrift Green Trotters	48:09:00
65 Stacey Harmer	Thrift Green Trotters	48:15:00
66 Sharley Smith	Rochford Running Club	48:42:00
67 Kairen Hart	Castle Point Joggers	48:49:00
68 Annette Johnson	Benfleet RC	49:05:00
69 Dawn Blake	Barking Road Runners	49:19:00
70 Tina Victory	Castle Point Joggers	49:27:00
71 Gemma Kemp	East Essex Tri Club	49:27:00
72 Pat Green	Tri Sport Epping	49:29:00
73 Vicki Calleja	Thrift Green Trotters	49:30:00
74 Denise Kemp	East Essex Tri Club	49:34:00
75 Gillian Harrison	Pitsea Running Club	49:37:00
76 Lynn Rivers	Leigh-on-Sea Striders	49:46:00
77 Laura Kelly	Havering 90 Joggers	49:55:00
78 Zoe Storrar	Leigh-on-Sea Striders	49:57:00
79 Lorraine Heal	Castle Point Joggers	50:06:00
80 Laura Williams	Benfleet RC	50:12:00
81 Jackie Woodroffe	Thrift Green Trotters	50:21:00
82 Ellen McPhillips	Leigh-on-Sea Striders	50:27:00
83 Catherine Maylin	Castle Point Joggers	50:56:00
84 Timi Veerasamy	Dagenham 88 Runners	50:59:00
85 Caz Wallis	Pitsea Running Club	51:05:00
86 Tania Hagen	Leigh-on-Sea Striders	51:09:00
87 Annie Smith	Thrift Green Trotters	51:24:00
88 Collette Noad	Rochford Running Club	51:34:00
89 Rosina Salmon	Dagenham 88 Runners	51:55:00
90 Suzanne Eagley	Dagenham 88 Runners	52:12:00
91 Kate Cammidge	Castle Point Joggers	52:19:00
92 Catherine Patterson	Leigh-on-Sea Striders	52:26:00
93 Aliso Fryatt	Barking Road Runners	52:33:00
94 Veronica Barikor	Barking Road Runners	52:46:00
95 Jill Thorne	Thrift Green Trotters	53:31:00
96 Maria Wood	Leigh-on-Sea Striders	53:39:00
97 Debbie Priest	Leigh-on-Sea Striders	54:11:00
98 Clair Evans	Castle Point Joggers	54:39:00
99 Jan Steed	Castle Point Joggers	54:40:00

100	Cathy Salmon	Leigh-on-Sea Striders	54:44:00
101	Jude Hare	Castle Point Joggers	54:46:00
102	Lisa Gaskin	Havering 90 Joggers	54:51:00
103	Caroline Perry	Dagenham 88 Runners	54:56:00
104	Jacqui Priest	Leigh-on-Sea Striders	56:04:00
105	Sara Prior	Dagenham 88 Runners	56:39:00
106	Nyokabi Kiruthi	Barking Road Runners	56:44:00
107	Dawn Haylett	Leigh-on-Sea Striders	56:49:00
108	Maria Bartlett	Barking Road Runners	57:14:00
109	Debbie Jones	Havering 90 Joggers	57:32:00
110	Nicola Hawkins	Pitsea Running Club	58:30:00
111	Nikki Cranmer	Barking Road Runners	58:34:00
112	Georgina McMasters	Leigh-on-Sea Striders	58:44:00
113	Jayne Hayward	Castle Point Joggers	58:47:00
114	Bev Eagles	Dagenham 88 Runners	59:02:00
115	Sharon Robinson	Dagenham 88 Runners	60:12:00
116	Trish Murphy	Havering 90 Joggers	60:54:00
117	Maria Brill	Havering 90 Joggers	60:55:00
118	Denise Woolston	Dagenham 88 Runners	62:12:00
119	Helen Leavold	Castle Point Joggers	62:23:00
120	Mel Green	Havering 90 Joggers	62:46:00
121	Clare Broadley	Dagenham 88 Runners	63:14:00
122	Andi Wright	Havering 90 Joggers	63:26:00
123	Julie Cardnell	Dagenham 88 Runners	63:30:00
124	Irene Campen	Dagenham 88 Runners	63:53:00
125	Val McCullagh	Castle Point Joggers	63:54:00
126	Nicolle Bass	Castle Point Joggers	63:56:00
127	Lorraine Scott	Dagenham 88 Runners	65:17:00
128	Lisa Maughan	Barking Road Runners	65:54:00
129	Stephanie Compton	Barking Road Runners	68:13:00